



MEET TERI HELTON, RN

Teri Helton is an RN with a Masters in Nursing Education from Mount Saint Mary's College in Los Angeles. She currently works for Livingston Memorial VNA as a program manager.

Her life experiences in faith communities and as a nurse working in long-term care, hospitals, and hospice have given her a desire to educate the public on multiple facets of healthy and positive living.

As a Faith Community Nurse and educator, she speaks in many venues, including churches and health facilities regarding aging, health, end-of-life, hospice, Advance Health Care Directives and POLST.

Ojai Parkinson's Support Group

Date: Tuesday, Sept. 12, 2017

GUEST SPEAKER TERI HELTON RN

Time: 1:30pm to 3:30pm

TOPIC: Effective ways to assist family members with hygiene and grooming.

Meets on the 2nd Tuesday of each month.

Location: Little House Multi-Purpose Center (HELP of Ojai),

111 W. Santa Ana St, Ojai CA 93023