



MEET MARC BROBERG PT and CAMILLE TORGESON

Marc is a Board Certified Clinical Specialist in Neurological Physical Therapy. Marc graduated with a Master of Science in Physical Therapy from University of California San Francisco /San Francisco State University in 2002. Prior to pursuing a graduate degree in PT, Marc earned a Master's degree in Kinesiology with an emphasis in Biomechanics from CSUN and participated in clinical research at the Center for Human Movement Studies at Georgia Tech in collaboration with Emory University. Over the last 10 years, Marc has focused his clinical, research, and educational efforts on treating patients with Neurologic disorders in both the inpatient and outpatient settings. Marc will discuss and illustrate the most current evidence-based guidelines for therapy and exercise for individuals with Parkinson's disease and also give demonstrations and information about a special class offered for people with Parkinson's disease at Two Trees called "Neuro Boot Camp".

Camille Torgeson has been in the business of assisting in the health and fitness of our senior population since 1997. She earned her teachers credential in Older Adult Health and Physical Fitness. In addition, she is trained in The John Argue Art of Movement for people with Parkinson's disease and Tai Chi: Moving for Better Balance from the Oregon Research Institute for those at risk of falling or repeated falls. The classes she teaches are "evidence based" and recognized by the CDC and NCOA or based on a combination of evidence based programs. Parkinson's disease And The Art Of Moving is a program developed by John Argue in 1985 to help friends diagnosed with the disease. With input from doctors and others in the neurological field, he developed a program that addresses movement, speech, and activities of daily living. The training Camille attended was held at the SCAN Health and Wellness Center in Ventura in 2006. She has been teaching the program there and in Camarillo since her training.

[Ventura Parkinson's Disease Support Group](#)

Guest Speakers: Marc Broberg, PT, Director of the Neuro Division of Two Trees Physical Therapy Wellness and Camille Torgesen, instructor, The Art of Movement and Tai Chi: Moving for Better Balance.

TOPIC: Keep Living, Laughing & Moving with Parkinson's Disease!

DATE: Wednesday September 13, 2017

Time: 1:00pm to 3:00 pm

Location: Lexington Assisted Living

5440 Ralston St, Ventura California

Parking available across the street.

Call: 805-766-6070 for further information

Reservations not required