



# The NeuroCommunity Foundation

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## PD SUPPORT GROUP LISTINGS for SEPTEMBER 2017

This listing of Parkinson's Support Groups is for SFV/ Northern Los Angeles & Ventura counties. This listing includes Support Groups during SEPTEMBER 1st to SEPTEMBER 30, 2017. Some meetings may require an **RSVP**. To RSVP call us 818 745-5051 or feel free to email us [neurocommunity@gmail.com](mailto:neurocommunity@gmail.com)

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### WEEKLY

#### San Fernando Valley Weekly Discussion Parkinson's Support Group

ONEGeneration Senior Enrichment Center, 18255 Victory Blvd, Reseda CA 91335  
Every Monday 1:30pm to 3:00pm.

#### Neuro-Therapeutic Yoga Group

YogaWorks 2475 Townsgate Rd #100, Westlake Village CA 91361 **Every Tuesday 3:15pm to 4:30pm**

### SAN FERNANDO VALLEY/ SANTA CLARITA/ WESTLAKE VILLAGE

#### Westlake Village Parkinson's Support Group ( PD and Caregivers/Family)

**Date: Friday, Sept 1, 2017** **Time: 10:15 am - 11:30 am**

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

**GUEST SPEAKER: David Higgins, PhD. TOPIC: Stem Cell Therapy- Are we closer?**

Meets on the 1<sup>st</sup> Friday of each month

#### Westlake Village Parkinson's Caregivers Only Support Group

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

**Date: Friday, Sept. 1, 2017** Group discussion

**Time: 9:00 am to 10:00 am** Meets on the 1<sup>st</sup> Friday of each month

#### Westlake Village Exercise Class

**Date: Friday, Sept. 1, 2017** **Time: 9:00- 10:00 am**

Come early and join our exercise class first, prior to attending our Support group meeting with a new guest speaker each month. Meets at Westlake Presbyterian Church (address above) Meets on the 1<sup>st</sup> Friday of each month prior to the PD Support Group meeting at 10:15am.

#### All Parkinsonian Disorders Support Group

UCLA, 300 Medical Plaza, Los Angeles CA 90095 – Marisa Leif Conference Room # 3200

LA's only support group for people with Progressive Supranuclear Palsy (PSP), Multiple Systems Atrophy (MSA), /Corticobasal Ganglionic Degeneration (CGD)

**Friday, Sept 1 , 2017** **Time: 2:00pm to 4:00 pm** Meets on the 1<sup>st</sup> Friday of each month

#### Burbank Parkinson's and Caregiver Support Group

**Tara Tamaddon, MPH, Registered Dietitian**

**TOPIC: Nutrition and Parkinson's Disease**

**Date: Wednesday, Sept 13, 2017. Time: 12:30pm to 2:00 pm** Meets 2<sup>nd</sup> Wed. of each month

Belmont Village Senior Living, 455 E. Angeleno Ave, Burbank, Ca 91501

**San Fernando Valley Caregivers Parkinson's Support Group**

**Date: Saturday, Sept. 9, 2017 *Share/ Round Table discussion.***

**Time: 1:30 pm to 3:00pm - *RSVP required*** Meets on the 2<sup>nd</sup> Saturday of each month.

Location: Fairwinds Assisted Living - 8138 Woodlake Ave, West Hills CA 91304

**PD at Home Telephone Parkinson Support Group and Education Program**

**GUEST SPEAKER: Information is not available. *Go to [www.parkinsons.va.gov](http://www.parkinsons.va.gov)***

**Date: Tuesday Sept. 12, at 10 am PT, (11 am MT, 12 noon CT, or 1 pm ET (1 hour)**

Call-in: 1-800-767-1750 Code 54321# (call in about 3 min prior to the hour)

PD at Home is the 2<sup>nd</sup> Tuesday of each month via telephone.

**Parkinson's Support Group of Studio City**

**No meeting in Sept**

**For additional information or questions call : 818-231-1940 ( The NeuroCommunity Foundation)**

**Young Onset and Active PWP Support Group**

Total Wellness Rehabilitation, 19730 Ventura Blvd # 104, Woodland Hills CA 91364

**Wednesday, Sept. 20., 2017**

**Time: 6:30pm to 8:30pm - *RSVP required***

Meets on the 3<sup>rd</sup> Wednesday of each month

**CARE Parkinson's Support Group**

**Date: Monday, Sept.18, 2017**

**Time: 3:30pm to 5:30pm - *RSVP required***

Location: Northridge Hospital Medical Center

18300 Roscoe Blvd – main entrance on Etiwanda/meeting room TBA

Meets on the 3<sup>rd</sup> Monday of each month

**The Live Wires Parkinson's DBS Support Group**

**GUEST SPEAKER: Elizabeth Kirby, PT**

**TOPIC The Benefits of PT for Balance**

**Date: Thursday, Sept. 28, 2017**

Time: 10:30am to 11:30 am

Location: Providence St. Joseph Medical Center

501 Buena Vista Street. Burbank, CA. 91505 Meets 4<sup>th</sup> Thursday of each month

**VENTURA COUNTY**

**Ojai Parkinson's Support Group**

Date: Tuesday, Sept. 12, 2017

**GUEST SPEAKER: Teri Helton, RN, Livingston Memorial-Visiting Nurses Association.**

**TOPIC: Effective ways to assist family members with hygiene and grooming.**

**Time: 1:30pm to 3:30pm** Meets on the 2<sup>nd</sup> Tuesday of each month.

Location: Little House Multi-Purpose Center (HELP of Ojai), 111 W. Santa Ana St, Ojai CA 9302

**Ventura Parkinson's Support Group**

**GUEST SPEAKER: Marc Broberg, PT and Camille Torgeson**

**TOPIC: Keep Living, Laughing & Moving with Parkinson's Disease**

**Date: Wednesday, Sept. 13, 2017 Time: 1:00pm to 3:00 pm** Location: The Lexington Assisted

Living, 5440 Ralston St, Ventura CA 93303 For information call: 805-766-6070. Meets on the 2<sup>nd</sup>

Wednesday of each month.

**Camarillo Parkinson's Support Group**

**GUEST SPEAKER- Eileen Gold, Geriatric Care Manager**

**TOPIC: How Geriatric Care Managers can assist you and your family now and in the future"**

**Date: Tuesday, Sept. 19, 2017**

**Time: 2:00 pm to 4:00pm**

Camarillo Health Care District Facility,  
3639 E. Las Posas Road, Camarillo CA 93010 Meets on 3rd Tuesday of each month.

**Simi Valley Parkinson's Support Group**

**NO MEETING IN SEPTEMBER**

**INLAND EMPIRE**

**Claremont Parkinson's Explorers Support Group**

Joslyn Senior Center Main Building, (Weinberger Wing)  
660 N. Mountain Ave, Claremont CA 91711

**Guest Speaker: Jack Chen, Pharmacist, PharmD**

**TOPIC: Medications: Round Table/ Q& A**

**Date: Saturday, Sept. 9, 2017**

**Time: 10:00 am to 12noon** Meets 2nd Saturday of each month.

**Antelope valley**

**PD Support Group & Information Meeting**

**Date: Monday, Sept. 4, 2017**

**Time: 1-3 p.m.**

Location: Arbor Court Senior Living Center, 44916 10th St. West, Lancaster 93534  
Call to confirm mtg. Contact: Neurosearch for info: levi.dygert@neurosearch-usa.com  
Meets 2nd Monday of every month.

**Antelope Valley/Palmdale Parkinson's Support Group**

Legacy Commons, 930 East Avenue Q-9, Palmdale CA 93550

**Date: Tuesday, Sept. 19, 2017** Time: 10:00am to 12: 00 noon Meets on 3<sup>rd</sup> Tuesday of each month

**CENTRAL VALLEY**

**Visalia -Central Valley Parkinson's Support Group**

United Methodist Church, 5200 W. Caldwell Ave, Visalia CA 93277

**Date: Friday, Sept. 1, 2017**

**Time: 10:30 am to 1:00 pm** Meets on the 1<sup>st</sup> Friday of each month

**Bakersfield/Kern County Parkinson's Support Group**

First Presbyterian Church, 1705 17th St, Bakersfield CA 93301

**Date: Tuesday, Sept. 12, 2017,**

**Time: 2:00 pm to 4:00pm** Meets: on the 2<sup>nd</sup> Tuesday of each month

**Apple Valley Parkinson's Support Group**

Sterling Inn, 17738 Francesca Road, Victorville CA 92395

**Date: Thursday, Sept. 14, 2017**

**Time: 10:00 am to 12 noon** Meets on the 2<sup>nd</sup> Thursday of each month

**Greater Fresno Parkinson's Support Group**

Deaf and Hard of Hearing Service Center (DHHSC) 5340 N. Fresno, CA 93710

**Date: Saturday, Sept 9, 2017** Time: 10:00am – 12 noon Meets on the 2<sup>nd</sup> Saturday of each month

## CENTRAL COAST

### San Luis Obispo Neurological Impairments Caregiver Group

The Village at The Palms, 55 Broad Street, San Luis Obispo CA 93405

**Date:** Thursday, Sept. 7, 2017 **Time:** 3:00pm to 4:30pm Meets 1<sup>st</sup> Thursday of each month.

### Santa Barbara Parkinson's Support Groups and Exercise

Parkinson's Association of Santa Barbara

**GUEST SPEAKER:** Robert Hutchman MD, Co-hosted: Cortney Sadraie, Acadia Pharmaceuticals.

**Date:** Tuesday, Sept. 12, 2017 (2nd Tuesday of each month guest speaker)

**Time:** 2:15pm - 3:30 pm

**Location:** St. Andrew's Presbyterian Church, 4575 Auhay Drive, Santa Barbara CA 93110

For additional information call: 805- 683-1326

### Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105

**Date:** Sunday, Sept. 17, 2017

**Time:** 3:00pm to 4:00 pm

Meets on the 3<sup>rd</sup> Sunday of each month.

### San Luis Obispo/Parkinson's Support Group

IHOP Community Room, 212 Madonna Rd, San Luis Obispo CA 93405

**Date:** Friday, Sept.8, 2017 **Time:** 11:30am (lunch) to 2:00 pm Meets 2<sup>nd</sup> Friday of each month

### SLO North County Parkinson's Support Group

Templeton Presbyterian Church, 610 S Main St, Templeton CA 93465

**Date:** Tuesday, Sept. 19, 2017

**Time:** 1:00 pm to 3:00 pm

Meets 3<sup>rd</sup> Tuesday of each month.

### Santa Maria Parkinson's Support Group Date: Thursday, March 23, 2017

Location: Grace Baptist Church, 605 E. McCoy Ln, Santa Maria CA 93455

**Date:** Thursday, Sept. 28, 2017

**Time:** 1:00pm to 3:00 pm

Meets the 4<sup>th</sup> Thursday of each month.

### NEW: Lompoc PD Support Group

**Date:** Tuesday, Sept 26, 2017

**Time:** 3:00 pm

Where: Lompoc Elks Lodge

905 East Ocean Ave. Meets the last Tuesday of each month For additional information call 805-733-4421

### Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105

**Date:** Sunday, Sept 17, 2017

**Time:** 3:00pm to 4:00 pm Meets on the 3<sup>rd</sup> Sunday of each month.

### Arroyo Grande Central Coast- Parkinson Caregivers Support Group

Private address in Arroyo Grande (will be confirmed when you RSVP)

**Date:** Wednesday, Sept.27,2017

**Time:** 10:00 am to 11:30 am Meets on 4<sup>th</sup> Wednesday of each month.