



The NeuroCommunity Foundation

PD SUPPORT GROUP LISTINGS for DECEMBER 2017 (4 pages)

This listing of Parkinson's Support Groups is for SFV/ Northern Los Angeles & Ventura counties. This listing includes Support Groups during **DECEMBER 1st to DECEMBER 31, 2017**. Some meetings may require an **RSVP**. To RSVP call us 818 745-5051 or feel free to email us neurocommunity@gmail.com

WEEKLY

San Fernando Valley Weekly Discussion Parkinson's Support Group

ONEGeneration Senior Enrichment Center, 18255 Victory Blvd, Reseda CA 91335

Every Monday 1:30pm to 3:00pm.

Neuro-Therapeutic Yoga Group

YogaWorks 2475 Townsgate Rd #100, Westlake Village CA 91361 **Every Tuesday 3:15pm to 4:30pm**

SAN FERNANDO VALLEY/ SANTA CLARITA/ WESTLAKE VILLAGE

Westlake Village Parkinson's Support Group (PD and Caregivers/Family)

HOLIDAY POT LUCK

Date: Friday, December 1, 2017

Time: 10:15 am - 11:30 am Meets 1st Friday of each month

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

Westlake Village Parkinson's Caregivers Only Support Group

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

Date: Friday, December 1, 2017 Group discussion

Time: 9:00 am to 10:00 am Meets on the 1st Friday of each month

Westlake Village Exercise Class

Date: Friday, December 1, 2017 **Time: 9:00- 10:00 am**

Come early and join our exercise class first, prior to attending our Support group meeting with a new guest speaker each month. Meets at Westlake Presbyterian Church (address above) Meets on the 1st Friday of each month prior to the PD Support Group meeting at 10:15am.

All Parkinsonian Disorders Support Group

UCLA, 300 Medical Plaza, Los Angeles CA 90095 – Marisa Leif Conference Room # 3200

LA's only support group for people with Progressive Supranuclear Palsy (PSP), Multiple Systems Atrophy (MSA), /Corticobasal Ganglionic Degeneration (CGD)

Friday, December 1, 2017 **Time: 2:00pm to 4:00 pm** Meets on the 1st Friday of each month

Burbank Parkinson's and Caregiver Support Group

HOLIDAY PARTY

Date: Wednesday, December 13 2017.

Time: 12:30pm to 2:00 pm Meets 2nd Wed. of each month

Belmont Village Senior Living, 455 E. Angeleno Ave, Burbank, Ca 91501

San Fernando Valley Caregivers Parkinson's Support Group

Date: Saturday, December 9, 2017 *Share/ Round Table discussion.*

Time: 1:30 pm to 3:00pm - *RSVP required* Meets on the 2nd Saturday of each month.

Location: Fairwinds Assisted Living - 8138 Woodlake Ave, West Hills CA 91304

PD at Home Telephone Parkinson Support Group and Education Program

Topic: Hallucinations and Delusions in PD. Caitlin Mulligan, MD Movement Disorder Fellow

Date: Tuesday December 12, 10 am PT

Call-in: 1-800-767-1750 Code 54321# (call in about 3 min prior to the hour)

PD at Home is the 2nd Tuesday of each month via telephone.

Parkinson's Support Group of Sherman Oaks/ Studio City

NOTE: NEW LOCATION/ TIME/ DAY

HOLIDAY PARTY/ SHARE

Thursday, December 28, 2017

TIME: 1:00 – 2:30 pm

LOCATION: East Valley Adult Center- in the Library

5060 Van Nuys Blvd Sherman Oaks, CA 9142

Meets 4th Thursday of each month

Young Onset and Active PWP Support Group

Total Wellness Rehabilitation, 19730 Ventura Blvd # 104, Woodland Hills CA 91364

Wednesday, December 20, 2017

Time: 6:30pm to 8:30pm –*RSVP required*

Meets on the 3rd Wednesday of each month

CARE Parkinson's Support Group

Date: Monday, December 18, 2017

Time: 3:30pm to 5:30pm – *RSVP required*

Location: Northridge Hospital Medical Center

18300 Roscoe Blvd – main entrance on Etiwanda/meeting room TBA

Meets on the 3rd Monday of each month

The Live Wires Parkinson's DBS Support Group

No Meeting December 2017

Next meeting January 23, 2018

VENTURA COUNTY

Ojai Parkinson's Support Group

Date: **Tuesday, December 12, 2017**

Time: 1:30pm to 3:30pm Meets on the 2nd Tuesday of each month.

Location: Little House Multi-Purpose Center (HELP of Ojai), 111 W. Santa Ana St, Ojai CA 9302

Ventura Parkinson's Support Group

NO MTG in December

Next meeting January 10, 2017

Time: 1:00pm to 3:00 pm

Location: The Lexington Assisted Living, 5440 Ralston St, Ventura CA 93303

For information call: 805-766-6070. Meets on the 2nd Wednesday of each month.

Camarillo Parkinson's Support Group

HOLIDAY PARTY **Date: Tuesday, December 19, 2017**

Time: 2:00 pm to 4:00pm

Camarillo Health Care District Facility,

3639 E. Las Posas Road, Camarillo CA 93010 Meets on 3rd Tuesday of each month.

Simi Valley Parkinson's Support Group

NO MTG in December Next meeting January 18, 2017

Time: 1:00 pm to 3:00 pm **Location:** Senior Center, 3900 Avenida Simi, Simi Valley CA 93063

RSVP appreciated for meetings Meets on 3rd Thursday of each month.

INLAND EMPIRE

Claremont Parkinson's Explorers Support Group

Joslyn Senior Center Main Building, (Weinberger Wing)

660 N. Mountain Ave, Claremont CA 91711

GUEST SPEAKER: Elaine Miller Karas, LCSW

TOPIC: How resiliency to the nervous system can be restored or increased using a skills-based approach.

Date: Saturday, December 9, 2017

Time: 10:00 am to 12noon Meets 2nd Saturday of each month.

Antelope valley

PD Support Group & Information Meeting

Date: Monday, December 11, 2017

Time: 1-3 p.m. Location: Arbor Court Senior Living Center, 44916 10th St. West, Lancaster 93534

Call to confirm mtg. Contact: Neurosearch for info: levi.dygert@neurosearch-usa.com

Meets 2nd Monday of every month.

Antelope Valley/Palmdale Parkinson's Support Group

Legacy Commons, 930 East Avenue Q-9, Palmdale CA 93550

Date: Tuesday, December 19, 2017 **Time: 10:00am to 12: 00 noon** Meets on 3rd Tuesday of each month

CENTRAL VALLEY

Visalia -Central Valley Parkinson's Support Group

United Methodist Church, 5200 W. Caldwell Ave, Visalia CA 93277

Date: Friday, December 1, 2017

Time: 10:30 am to 1:00 pm Meets on the 1st Friday of each month

Bakersfield/Kern County Parkinson's Support Group

First Presbyterian Church, 1705 17th St, Bakersfield CA 93301

Date: Tuesday, December 12, 2017,

Time: 2:00 pm to 4:00pm Meets: on the 2nd Tuesday of each month

Apple Valley Parkinson's Support Group

Sterling Inn, 17738 Francesca Road, Victorville CA 92395

Date: Thursday, December 12, 2017

Time: 10:00 am to 12 noon Meets on the 2nd Thursday of each month

Greater Fresno Parkinson's Support Group

Deaf and Hard of Hearing Service Center (DHHSC) 5340 N. Fresno, CA 93710

Date: Saturday, December 9, 2017

Time: 10:00am - 12 noon

Meets on the 2nd Saturday of each month

CENTRAL COAST

San Luis Obispo Neurological Impairments Caregiver Group

The Village at The Palms, 55 Broad Street, San Luis Obispo CA 93405

Date: Thursday, December 7, 2017 **Time: 3:00pm to 4:30pm** Meets 1st Thursday of each month.

Santa Barbara Parkinson's Support Groups and Exercise

HOLIDAY POT LUCK

Date: Tuesday, December 12, 2017 (2nd Tuesday of each month guest speaker)

Time: 2:15pm - 3:30 pm

Location: St. Andrew's Presbyterian Church, 4575 Auhay Drive, Santa Barbara CA 93110

Call 805-683-1326 for information

Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105

Date: Sunday, December 16, 2017

Time: 3:00pm to 4:00 pm

Meets on the 3rd Sunday of each month.

San Luis Obispo/Parkinson's Support Group

IHOP Community Room, 212 Madonna Rd, San Luis Obispo CA 93405

Date: Friday, December 8, 2017 **Time:** 11:30am (lunch) to 2:00 pm Meets 2nd Friday of each month

SLO North County Parkinson's Support Group

Templeton Presbyterian Church, 610 S Main St, Templeton CA 93465

Date: Tuesday, December 19, 2017

Time: 1:00 pm to 3:00 pm

Meets 3rd Tuesday of each month.

Santa Maria Parkinson's Support Group Date:

DATE: **Thursday, December 28, 2017** Usually meets at

Grace Baptist Church, 605 E. McCoy Ln, Santa Maria CA 93455

Time: 1:00pm to 3:00 pm Meets the 4th Thursday of each month.

NEW: Lompoc PD Support Group

Date: Tuesday, December 26, 2017

Time: 3:00 pm Where: Lompoc Elks Lodge

905 East Ocean Ave. Meets the last Tuesday of each month. For additional information call 805-733-4421

NEW LOS OLIVOS

TUESDAY, December 12, 2017

TIME: 4:00 pm

Speaker: Mary Beth Johnson **Topic:** Exercise for all

St. Marks In the Valley Church

2901 Nojoqui Avenue Los Olivos, California

Meets 2nd Tuesday of each month

RSVP / information: Linda at jaligordon@earthlink.net

Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105

Date: Sunday, December 17, 2017

Time: 3:00pm to 4:00 pm Meets on the 3rd Sunday of each month.

Arroyo Grande Central Coast- Parkinson Caregivers Support Group

Private address in Arroyo Grande (will be confirmed when you RSVP)

Date: Wednesday, December 27, 2017

Time: 10:00 am to 11:30 am. Meets on 4th Wednesday of each month.