



MEET AMY CARLSON

On an ordinary Thursday in November of 2011, Amy's ring finger on her left hand began to vibrate. By February of 2012, the vibration was clearly visible, incorporated much of her left arm and she experienced constant pain in her left shoulder.

Later that year, Amy was diagnosed with Parkinson's. Amy's goal as a Davis Phinney Ambassador is to help others learn about how to live well. She sees so many people with Parkinson's who are alone, confused and frightened or have run out of hope. Amy wants to be that voice in the darkness that provides direction. Amy would like to pay it forward because so many people have helped her on her journey

The newly expanded and updated Davis Phinney "Every Victory Counts" manual will be given to each attendee, as well as, other videos, podcasts, worksheets and other resources to help you chart your own path to living well today with Parkinson's.

Parkinson's Association of Santa Barbara

Date: Tuesday, January 9, 2018

Time: 2:15-3:30

Location St. Andrews Presbyterian Church, 4575 Auhay at Arroyo, Santa Barbara