



MEET DAVID RUSSAK PT, DPT, CBIS, CSC Certified Brain Injury Specialist

TOPIC: What is Parkinson Disease and How Do I Fight It?

Dr. Russak earned his Doctorate in Physical Therapy from the University of Southern California in 2014 and completed an American Physical Therapy Association's (APTA) accredited Neurologic Physical Therapy Residency program at Casa Colina Centers for Rehabilitation in 2015. He is an APTA Board Certified Neurologic Clinical Specialist, a Certified Brain Injury Specialist, a Certified LSVT Big Parkinson Disease Physical Therapist, and a PWR! Certified Parkinson Disease Physical Therapist.

He currently serves as the Vice Chair of the APTA's Degenerative Diseases Special Interest Group and he has spent the past 3 years serving as Adjunct Faculty for Western University of Health Science's Doctorate of Physical Therapy Graduate School Program teaching second and third year students various concepts in neurologic physical therapy. He has presented his research posters at national conferences and also served as a Clinical Instructor, for which he is also certified by the APTA, for students in the outpatient clinic.

He currently works full time at Kaiser Permanente in the Thousand Oaks Outpatient Clinic and at the Woodland Hills Hospital locations

His lecture will address what Parkinson disease is and which treatment option may be best.

Westlake Village Parkinson's Support Group

**Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA
91361**

Guest Speaker: David Russak PT

Title: "What is Parkinson Disease and How Do I Fight It?"

Date: Friday, February 2, 2018

Time: 10:15 am - 11:30 am

Meets the 1st Friday of each month

For additional information call: 310-384-6589