



The NeuroCommunity Foundation

PD SUPPORT GROUP LISTINGS for JANUARY 2018 (5 pages)

This listing of Parkinson's Support Groups is for SFV/ Northern Los Angeles & Ventura counties. This listing includes Support Groups during **JANUARY 1st to JANUARY 31, 2018**. Some meetings may require an **RSVP**. To RSVP call us 818 745-5051 or feel free to email us neurocommunity@gmail.com

WEEKLY

San Fernando Valley Weekly Discussion Parkinson's Support Group

ONEGeneration Senior Enrichment Center, 18255 Victory Blvd, Reseda CA 91335

Every Monday 1:30pm to 3:00pm.

Neuro-Therapeutic Yoga Group

YogaWorks 2475 Townsgate Rd #100, Westlake Village CA 91361 **Every Tuesday 3:15pm to 4:30pm**

SAN FERNANDO VALLEY / BURBANK / WESTLAKE VILLAGE

Westlake Village Parkinson's Support Group (PD and Caregivers/Family)

Date: Friday, January 12 2018

Topic: Round Table Discussion

Time: 10:15 am - 11:30 am NOTE: January date change

Usually meets 1st Friday of each month

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

Westlake Village Parkinson's Caregivers Only Support Group

Westlake Presbyterian Church, 32111 Watergate Rd., Westlake Village CA 91361

Date: Friday, January 12, 2018 Group discussion **NOTE: January date change**

Time: 9:00 am to 10:00 am

Westlake Village Exercise Class

Date: Friday, January 12, 2018 Time: 9:00- 10:00 am NOTE January date change

Come early and join our exercise class first, prior to attending our Support group meeting with a new guest speaker each month. Meets at Westlake Presbyterian Church (address above) Usually meets on the 1st Friday of each month prior to the PD Support Group meeting at 10:15am.

All Parkinsonian Disorders Support Group

UCLA, 300 Medical Plaza, Los Angeles CA 90095 – Marisa Leif Conference Room # 3200

LA's only support group for people with Progressive Supranuclear Palsy (PSP), Multiple Systems Atrophy (MSA), /Corticobasal Ganglionic Degeneration (CGD)

Friday, January 5, 2018 Time: 2:00pm to 4:00 pm Meets on the 1st Friday of each month

Burbank Parkinson's and Caregiver Support Group

Cancelled due to venue closure at the present time.

Time: 12:30pm to 2:00 pm Meets 2nd Wed. of each month

Belmont Village Senior Living, 455 E. Angeleno Ave, Burbank, Ca 91501

San Fernando Valley Caregivers Parkinson's Support Group

Date: Saturday, January 13, 2018 **Share/ Round Table discussion.**

Time: 1:30 pm to 3:00pm - **RSVP required** Meets on the 2nd Saturday of each month.

Location: Fairwinds Assisted Living - 8138 Woodlake Ave, West Hills CA 91304

PD at Home Telephone Parkinson Support Group and Education Program

Topic: Hallucinations and Delusions in PD. Caitlin Mulligan, MD Movement Disorder Fellow

Date: Tuesday January 9, 10 am PT

Call-in: 1-800-767-1750 Code 54321# (call in about 3 min prior to the hour)

PD at Home is the 2nd Tuesday of each month via telephone.

Parkinson's Support Group of Sherman Oaks/ Studio City

Topic: Mindfulness and how to achieve it

Speaker: Holly Sacks

Thursday, January 25, 2018

TIME: 1:00 – 2:30 pm

LOCATION: East Valley Adult Center- in the Library

5060 Van Nuys Blvd Sherman Oaks, CA 9142

Meets 4th Thursday of each month

Young Onset and Active PWP Support Group

Total Wellness Rehabilitation, 19730 Ventura Blvd # 104, Woodland Hills CA 91364

Wednesday, January 17, 2018

Time: 6:30pm to 8:30pm – **RSVP required**

Meets on the 3rd Wednesday of each month

CARE Parkinson's Support Group

Date: Monday, January 15, 2018

Time: 3:30pm to 5:30pm – **RSVP required**

Location: Northridge Hospital Medical Center

18300 Roscoe Blvd – main entrance on Etiwanda/meeting room TBA

Meets on the 3rd Monday of each month

The Live Wires Parkinson's DBS Support Group

GUEST SPEAKER: Allison Smith, MA

Topic: Parkinson's in Balance

Date: Thursday, January 23, 2018

Time: 10:30am to 11:30 am

Location: Providence St. Joseph Medical Center

501 Buena Vista Street. Burbank, CA. 91505 Meets on the 4th Thursday of each month

VENTURA COUNTY

Ojai Parkinson's Support Group

Date: Tuesday, January 9, 2018 Time: 1:30pm to 3:30pm

Meets on the 2nd Tuesday of each month.

Location: Little House Multi-Purpose Center (HELP of Ojai), 111 W. Santa Ana St, Ojai CA 9302

Ventura Parkinson's Support Group

Guest Speaker: Wayne Pickernell

Topic: Updates, progress and research in PD

Next meeting January 10, 2018

Time: 1:00pm to 3:00 pm **Location:** The Lexington Assisted Living, 5440 Ralston St, Ventura CA 93303

For information call: 805-766-6070.

Meets on the 2nd Wednesday of each month.

Camarillo Parkinson's Support Group

Guest Speaker: Karol Ann Sample Hospice RN and Liaison

TOPIC: Hospice- What it is, Who is a Hospice Team and Why it is important to know

Guest Speaker: Assisted Home Health and Hospice

Date: Tuesday, January 16, 2018

Time: 2:00 pm to 4:00pm

Camarillo Health Care District Facility,

3639 E. Las Posas Road, Camarillo CA 93010 Meets on 3rd Tuesday of each month.

Simi Valley Parkinson's Support Group

Date: Thursday January 18, 2018

Short presentation: Topic: Research Trials at CSUN -

Guest Speaker: Ms. Danica Tolentino, Graduate Researcher. Dept. of Kinesiology

Additional: Meet and greet/planning for 2018 program and open sharing

Time: 1:00 pm to 3:00 pm **Location:** Senior Center, 3900 Avenida Simi, Simi Valley CA 93063

RSVP appreciated for meetings Meets on 3rd Thursday of each month.

INLAND EMPIRE

Claremont Parkinson's Explorers Support Group

Joslyn Senior Center Main Building, (Weinberger Wing)

660 N. Mountain Ave, Claremont CA 91711

GUEST SPEAKER: Dennis Cante

TOPIC: . How dance can help persons with PD

Date: Saturday, January 13, 2018 **Time:** 10:00 am to 12noon Meets 2nd Saturday of each month.

Antelope valley

PD Support Group & Information Meeting

Date: Monday, January 8, 2018

Time: 1-3 p.m. Location: Arbor Court Senior Living Center, 44916 10th St. West, Lancaster 93534

Call to confirm mtg. Contact: Neurosearch for info: levi.dygert@neurosearch-usa.com

Meets 2nd Monday of every month.

Antelope Valley/Palmdale Parkinson's Support Group

Legacy Commons, 930 East Avenue Q-9, Palmdale CA 93550

Date: Tuesday, January 16, 2018 **Time: 10:00am to 12: 00 noon** Meets on 3rd Tuesday of each month

CENTRAL VALLEY

Visalia -Central Valley Parkinson's Support Group

United Methodist Church, 5200 W. Caldwell Ave, Visalia CA 93277

Date: Friday, January 5, 2018

Time: 10:30 am to 1:00 pm Meets on the 1st Friday of each month

Bakersfield/Kern County Parkinson's Support Group

First Presbyterian Church, 1705 17th St, Bakersfield CA 93301

Date: Tuesday, January 9, 2018,

Time: 2:00 pm to 4:00pm Meets: on the 2nd Tuesday of each month

Apple Valley Parkinson's Support Group

Sterling Inn, 17738 Francesca Road, Victorville CA 92395

Date: Thursday, January 11, 2018

Time: 10:00 am to 12 noon Meets on the 2nd Thursday of each month

Greater Fresno Parkinson's Support Group

Deaf and Hard of Hearing Service Center (DHHSC) 5340 N. Fresno, CA 93710

Date: Saturday, January 13, 2018

Time: 10:00am – 12 noon

Meets on the 2nd Saturday of each month

CENTRAL COAST

San Luis Obispo Neurological Impairments Caregiver Group

The Village at The Palms, 55 Broad Street, San Luis Obispo CA 93405

Date: Thursday, January 4, 2018 **Time: 3:00pm to 4:30pm** Meets 1st Thursday of each month.

Santa Barbara Parkinson's Support Groups and Exercise

SPEAKER: Amy Carlson, Ambassador from Davis Phinney Foundation who has PD

Topic: New news from the Davis Phinney Foundation, How to live well and Victory Manual.

Location: St. Andrew's Presbyterian Church, 4575 Auhay Drive, Santa Barbara CA 93110

Call 805-683-1326 for information

Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105

Date: Sunday, January 21, 2018

Time: 3:00pm to 4:00 pm

Meets on the 3rd Sunday of each month.

San Luis Obispo/Parkinson's Support Group

IHOP Community Room, 212 Madonna Rd, San Luis Obispo CA 93405

Date: Friday, January 12, 2018 **Time: 11:30am (lunch) to 2:00 pm** Meets 2nd Friday of each month

SLO North County Parkinson's Support Group

Templeton Presbyterian Church, 610 S Main St, Templeton CA 93465

Date: Tuesday, January 16, 2018

Time: 1:00 pm to 3:00 pm

Meets 3rd Tuesday of each month.

Santa Maria Parkinson's Support Group Date:

DATE: Thursday, January 25, 2018 Usually meets at
Grace Baptist Church, 605 E. McCoy Ln, Santa Maria CA 93455
Time: 1:00pm to 3:00 pm Meets the 4th Thursday of each month.

Lompoc PD Support Group

Date: Tuesday, January 30, 2018
Time: 3:00 pm Where: Lompoc Elks Lodge
905 East Ocean Ave. Meets the last Tuesday of each month.
For additional information call 805-733-4421

Los Olivos PD Support Group

TUESDAY, January 9, 2018
NEW TIME: 4:30 pm
Speaker: Laura
Topic: Newest Gizmos for Fall Detection and cameras.
St. Marks In the Valley Church
2901 Nojoqui Avenue Los Olivos, California
Meets 2nd Tuesday of each month **RSVP appreciated**
RSVP / information: call 805-686-4757 Linda/ Jack

Santa Barbara Young Onset Group

Grace Lutheran Church, 3869 State St, Santa Barbara CA 93105
Date: Sunday, January 21, 2018
Time: 3:00pm to 4:00 pm Meets on the 3rd Sunday of each month.

Arroyo Grande Central Coast- Parkinson Caregivers Support Group

Private address in Arroyo Grande (will be confirmed when you RSVP)
Date: Wednesday, January 24, 2018
Time: 10:00 am to 11:30 am. Meets on 4th Wednesday of each month.